

3 Days 3 Grades

Grade 3 Rudiments

75bpm

Single Strokes (eighth notes, eighth note triplets and sixteenth notes)

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Staff 1: Eighth notes and eighth note triplets. Rhythmic patterns: R L R L R L R L, R L R L R L R L, R L R L R L R L, R L R L R L R L.

Staff 2: Sixteenth notes and sixteenth note triplets. Rhythmic patterns: R L R L R L R L R L, R L R L R L R L R L R L, R L R L R L R L R L R L, R L R L R L R L R L.

Double Strokes Eighth and Sixteenth notes

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Staff 1: Eighth notes and eighth note double strokes. Rhythmic patterns: R R L L R R L L, R R L L R R L L, R R L L R R L L, R R L L R R L L.

Staff 2: Sixteenth notes and sixteenth note double strokes. Rhythmic patterns: R R L L R R L L, R R L L R R L L, R R L L R R L L, R R L L R R L L. Labels: HT, FT, MT, HT, MT, FT.

Paradiddle. with accents on toms

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Staff 1: Paradiddle pattern with accents on toms. Rhythmic patterns: R L R R L R L L R L R R L R L L, R L R R L R L L R L R R L R L L.

Flams and Drags

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Staff 1: Flams and Drags. Rhythmic patterns: LR, RL, LR, RL, LLR, RRL, LLR, RRL.

Eighth note triplets with accents on snare and toms

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Staff 1: Eighth note triplets with accents on snare and toms. Rhythmic patterns: R L R L R L R L, R L R L R L R L, R L R L R L R L, R L R L R L R L, R L R L R L R L, R L R L R L R L, R L R L R L R L.